**Professor Hazzaa M. Al-Hazzaa, PhD, FACSM, FECSS**

He is currently adistinguished professor emeritus and former director of Pediatric ExercisePhysiology Research Laboratory at King Saud University (KSU) in Riyadh, Saudi Arabia. He hadalso been in the scientific board of the Obesity Research Chair in the College of Medicine, KSU. In addition, professor Al-Hazzaa held for 4 years (2011-2014) a joint position as a visiting research professor in the faculty of health and life sciences, Coventry University, Coventry and in the school of human sciences, Newman University, Birmingham, both in UK. His training background was in biology, chemistry and physiology, where he obtained his PhD degree from the USA in 1985.He is a Fellows of theAmerican College of Sports Medicine and the European College of Sport Science as well as amember of numerous scientificorganizations in the field of sports medicine, sports science, clinical exercise physiology, public health, health promotion and pediatric exercise medicine.His research involves the investigation ofphysical activity/inactivity, cardiorespiratoryfitness and cardio-metabolic health. Healso studies the interaction betweenphysical inactivity, sedentary behaviors and obesity relative to cardio-metabolic health,especially in childrenand youth. In addition, he haspreviously investigated the physiology of youth soccer, especially energy requirement and fluid loss during hot weather. He has published ten books,edited 3 more books, contributed numerous chapters in publishedbooks and has published nearly 200 scientific papers in local, regional and international peer reviewed journals in theareas of exercise physiology, sports medicine, adolescent’s lifestyle behaviors, childhood obesity andphysical activity, fitness, fatness &cardio-metabolichealth. He alsoserves in the editorial boards ofseveral international peer-reviewed journals. In addition, he has presented nearly 300 presentations in local, regional and international meetings and conferences.

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