

|          | 24-Mar 2020                   |                            |  |
|----------|-------------------------------|----------------------------|--|
| 8:00 AM  | <b>Welcome At the Airport</b> |                            |  |
| 9:00 AM  |                               |                            |  |
| 10:00 AM |                               |                            |  |
| 11:00 AM |                               |                            |  |
| 12:00 PM |                               |                            |  |
| 1:00 PM  |                               |                            |  |
| 2:00 PM  |                               |                            |  |
| 3:00 PM  |                               |                            |  |
| 4:00 PM  |                               |                            |  |
| 5:00 PM  | ArabBMB<br>meeting            | Pre-conference<br>workshop |  |
| 6:00 PM  |                               |                            |  |
| 7:00 PM  |                               |                            |  |
|          |                               |                            |  |

|                     | 3/25/2020 Univerity & Hotel                     |                                  |
|---------------------|---|----------------------------------|
| 8:00 AM - 9:00 AM   | Extended Registration                           | Breakfast                        |
| 9:00 AM - 9:30 AM   | Transportation from hotel to JU                 |                                  |
| 9:30 AM - 10:00 AM  | Opening Ceremony                                |                                  |
| 10:00 AM - 10:40 AM | Keynote Speaker 1                               |                                  |
| 10:40 AM - 11:10 AM | coffee break                                    | Exhibitor Fair                   |
| 11:10 AM - 12:30 PM | Panel 1: Physical Activity and Lifestyle        |                                  |
| 12:30 PM - 1:45 PM  | Oral Session 1, Hall A                          | Oral Session 2, Hall B           |
| 1:45 PM - 2:30 PM   | Lunch Break /Univerity                          |                                  |
| 3:00 PM - 4:00 PM   | Panel 2: Physical Activity and Lifestyle/ Hotel |                                  |
| 4:00 PM - 5:00 PM   | Oral Session 3, Hall A/Hotel                    | Oral Session 4, Hall B/<br>Hotel |
| 5:00 PM - 8:00 PM   | Workshop 1/ Hotel                               | Workshop 2/ Hotel                |
|                     | Poster Session1                                 | Poster Session2                  |

|                     | 3/26/2020 /Hotel                         |                        |
|---------------------|--|------------------------|
| 8:00 AM - 9:00 AM   | Extended Registration                    | Breakfast              |
| 9:00 AM - 9:30 AM   | Hotel /Exhibitor Fair                    |                        |
| 9:30 AM - 10:00 AM  | Keynote Speaker 2/                       |                        |
| 10:00 AM - 10:30 AM | Keynote Speaker 3                        |                        |
| 10:30 AM - 11:00 AM | coffee break                             |                        |
| 11:10 AM - 12:30 PM | Panel 3: Physical Activity and Lifestyle |                        |
| 12:30 PM - 1:45 PM  | Oral Session 1, Hall A                   | Oral Session 2, Hall B |
| 1:45 PM - 2:45 PM   | Lunch Break/Hotel                        |                        |
| 3:00 PM - 4:00 PM   | Panel 4: Physical Activity and Lifestyle |                        |
| 4:00 PM - 5:00 PM   |  | Poster Session3        |
| 5:00 PM - 6:00 PM   | Closing Ceremony                         |                        |